



## What a Difference a Day Makes

### About Room 217

Room 217 Foundation is a social enterprise that works to see music used as an agent of care for vulnerable populations, which can be delivered by all care providers regardless of musical abilities or training. It creates research-informed music resources and programs that can be used by any caregiver, provides education on how to integrate music into care, and supports innovated research into music and care.

### About Pathways

Pathways is a research-informed singing program for memory care whose purpose is to enhance the quality of life for people living with dementia and their caregivers. Pathways creates the opportunity for people with dementia to connect with themselves and others in a number of settings, including long term care, community and day programming, and in home settings. It can be used in large groups, small groups and with individuals. Users of Pathways include LTC program leaders, dementia daycare program leaders, recreation therapists, Alzheimer's Society group leaders and caregivers.

### About What a Difference a Day Makes

What a Difference a Day Makes is a three-year donor-driven program that will raise money to bring the Pathways Singing Program to 750 adult day programs across Canada, while contributing to its evaluation. In return for pre-, mid- and post-test evaluations, adult day programs will receive a complimentary Pathways Singing Program.

The expectations of What a Difference a Day Makes participants include:

- A dedicated point person to liaise with a Room 217 staff member
- Having staff at the adult day program watch all six online tutorials
- Integrating Pathways into care program for three months
- Documenting each time the program is used on a weekly basis (1x weekly minimum)
- Evaluating the program (pre-, mid- and post-test)
- Submitting photos for possible use in the report, and for Room 217 marketing purposes (release/consent form to be provided)

In return, adult day programs will receive:

- Six online tutorials on Pathways
- The complete Pathways Singing Program (retails for \$395.)
- On-going support from Room 217
- Acknowledgement as a What a Difference a Day Makes participant

For more information about Room 217, visit [www.room217.ca](http://www.room217.ca). To learn more about Pathways, visit <http://www.room217.ca/pathways>.

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