

Presented by:



DementiaAbility Methods: The Montessori Way™

2-Day Workshop



Why attend?

Dementia does not have to be characterized as a time of loss. When one understands the connections between brain, environments and behaviour, it is easier to figure out how to enhance function, expose abilities, and add meaning, purpose and joy to each day.

Supporting people in an environment that is set up for success allows each person to be the best he/she can be. This workshop will introduce you to new ways to enhance the lives of those living with dementia and other forms of cognitive loss. If you work in dementia care, this is a workshop you will not want to miss.



**Monday, March 18 &
Tuesday, March 19, 2019**

**Prince George, British Columbia
University Hospital of Northern BC
Learning and Development Centre
Room 0501
1475 Edmonton Street
V2M 1S2**

Who Should Attend?

Everyone working in dementia care should attend this workshop, including:

- recreation planners
- nurses
- personal support/care workers
- social workers
- occupational therapists
- physiotherapists
- educators & students
- physicians

Volunteers and family members also benefit from attending this workshop.



Day 1:

Registration: 8:00 am- 8:30 am

Start Time: 8:30 am

Introduction to DementiAbility Methods: The Montessori Way™: A person-centered, non-pharmacological, multidisciplinary philosophy of care – focusing on the person in a prepared environment

Understanding Dementia:

- What do we need to know? Why do we need to understand the individual's needs, interests, skills and abilities? Once discovered, what can we do to support each person in our care?
- The 3 D's (Dementia, Depression & Delirium) and pain - treat the treatable
- All behaviour has meaning: What is it telling us? How should we respond?

Memory:

- Procedural Memory (spared)
- Declarative Memory (must be supported)
- Spared capacity in dementia
- How does memory connect to what we need to do?

Making connections between what we know and what we need to do.

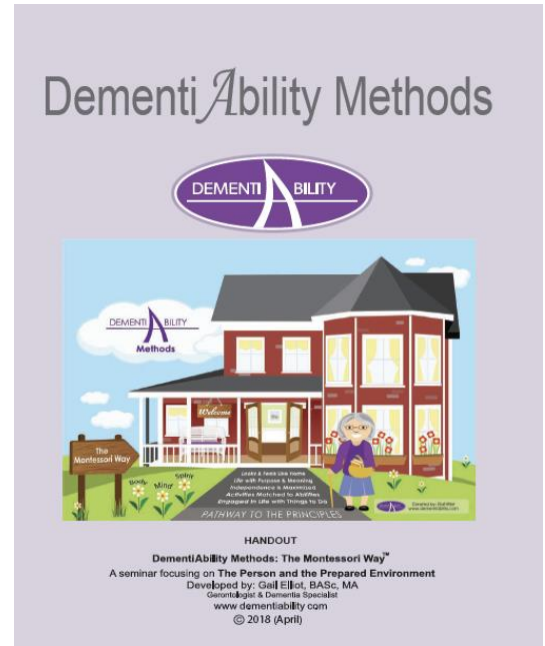
- The WOW model
- The importance of purposeful engagement
- Setting the environment up for success: The importance of meaningful engagement

Day 2:

Start Time: 8:30 am

Review

1. Review
2. Alternative connection (doll and stuffed animal therapy)
3. Whole person, whole environment
 - a. Culture, spirituality and religion
4. Group exercise: Case Study
 - a. Putting DementiAbility into practice
 - b. Role play
5. Addressing boredom: Group exercise
6. Group work and role play
7. Spaced retrieval: An overview
8. Moving knowledge to action:
 - a. Addressing barriers
 - b. Creating an action plan



**WORKSHOP Manual
Provided!**

Facts About This Workshop:

This workshop has been developed by **Gail Elliot**, B.A.Sc., MA, Gerontologist, Dementia Specialist, Author, Educator and Founder of DementiAbility Enterprises Inc.

Gail is known for her work in dementia care internationally, and has taught the DementiAbility Methods in various countries around the world. She works closely with the Occupational Therapists Association of Hong Kong, and has taught this workshop across Canada. This workshop is included as one of the core courses in the Geriatric Certificate Program at McMaster University, Hamilton, ON.

Gail is the author of the book *The DementiAbility Methods: The Montessori Way*, which is currently available for purchase in Canada, the United States, Australia and Hong Kong (where it is currently available in Cantonese).

The DementiAbility Methods: The Montessori Way textbook is available for purchase along with other resources at: www.dementiability.com

About This Workshop:

This two-day program focuses on the **DementiAbility Methods: The Montessori Way™**. The **DementiAbility Methods™** offer innovative, multidisciplinary evidence-based, non-pharmacological, person-centered approaches that have been successfully used in dementia care by diverse departments and disciplines. The aim is to support each person in a prepared environment, offering a wide range of interventions that support body, mind, emotional, social and spiritual needs. The emphasis is on enriching and enhancing daily life by providing supports that will maintain/enhance function while also providing opportunities to be engaged in life and living according to the needs and abilities of each person. Research has provided clear evidence of enhanced function when memory cueing, sequencing and other such strategies, have been put in place and environments have been set up for success – thereby exposing abilities and combatting excess disability that is associated with disuse. The aim is to help each person live with dignity and be the best he/she can be

Participants in this workshop will learn about important connections between brain, environments, personal narrative and behaviour. You will be introduced to the WOW Model and discover how to create supportive strategies/interventions according to what we know and what we observe about each person. Workshop participants will engage in practical “hands on” group work that is aimed at applying these innovative techniques. The first day of the program focuses on the facts (knowledge) and the second day focuses on putting the concepts into practice.

Objectives:

1. Identify the key components of the DementiAbility Methods: The Montessori Way™ based on knowledge about:
 - a) Dementia, excess disability and spared capacity;
 - b) memory (procedural and declarative); and
 - c) the importance of creating supportive environments and understanding the needs of individuals.
2. Discuss how to put each component part of the DementiAbility Methods into practice, with an emphasis on understanding the person behind the dementia and recognizing that programming/goals/philosophy of care are to be based on the individual's needs, strengths, skills, interests and abilities.
3. List and describe the DementiAbility Principles
4. Describe how to create and present roles, routines, program activities, memory cues, social connections, etc. based on the WOW model
5. Know how to put the All About Me, WOW model and other tools into practice, and be prepared to use these tools when working with teams and individuals with dementia.

What did I learn?

The HOW is in the WoW! | Connect needs with interests & abilities | Wayfinding strategies | Memory cueing | Sequencing | Looks, smells and feels like home | Add purpose, meaning and joy to each day | I am the starter button | These methods work – people may not

Prince George, BC
University Hospital of Northern BC Room 0501
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Name: _____

Address: _____

Email: _____

Organization: _____

Phone (B): _____ **Other:** _____

Job Title: _____

Registration Fee

Early Bird Rate: 1 @ \$400.00 + 5% HST = \$420.00 \$ _____
After March 8th, 2019: 1 @ \$450.00 + 5% HST = \$472.50 \$ _____

** Workshop fee includes workshop handout, lunch, and refreshments at break.*

DementiAbility Methods: The Montessori Way Book by Gail Elliot (2017)

SPECIAL WORKSHOP PRICE 1 book @ \$40.00 + 5% HST = \$42.00 \$ _____

Visit our website to learn about additional resources

Total Enclosed \$ _____

How to Register:

- 1) Registration online at: www.dementiability.com
- 2) Fax completed form to:
1-800-694-5893
- 3) Mail completed form to:
2159 Belgrave Court
Burlington, ON L7P 3R5

Please make cheque payable to: DementiAbility Enterprises Inc.

Method of Payment: CHEQUE MONEY ORDER VISA MASTERCARD

Account # _____ **Expiry Date** _____

Registration Policy – Cancellation Date March 16th, 2019

- If DementiAbility cancels a workshop for any reason, all registration fees will be fully refunded OR you can apply the fee to an upcoming workshop within one year of the date of the cancelled workshop.
- Registration fees will be refunded (minus a \$25.00 administration fee) if the registrant cancels prior to the cancellation deadline.
- No refunds will be provided if the registrant cancels after the cancellation deadline or is a “no-show” at the workshop.